

SAFFRON WALDEN FITNESS – SPRING TERM KIDS’ PROGRAMME

Tuesday 21st February – Friday 30th March

Venue: Saffron Walden Fitness, The Business and Technology Centre, Shire Hill, Saffron Walden, CB11 3AQ

PLEASE COMPLETE THE FOLLOWING IN FULL:

Parent’s name:	Child’s name and school year:	Does your child have any dietary requirements?
Contact number:	Child’s name and school year:	How did you hear about our kids’ programme?
Address:	Child’s name and school year:	Do you give permission for your child to be photographed during the camp? YES / NO
Email address:	Does your child have any medical conditions?	<i>(Photographs are for marketing purposes only, names never disclosed)</i>

PLEASE HIGHLIGHT THE CLASSES THAT YOU WOULD LIKE TO BOOK AND COMPLETE THE TABLE BELOW:

DAY	CLASS	YEAR GROUPS	TIME	DURATION	INSTRUCTOR	Number of places to be booked & child’s name
Tuesdays	‘KIDS GLOW’	Yr3, 4,5,6	5.00pm	30minutes	Lorraine	
Wednesdays	‘POP DANCE’	Rec, Yr1, 2	3.45pm	30minutes	Liz	
	‘STREET DANCE’	Yr3, 4,5,6	4.15pm	30minutes	Liz	
Thursdays	‘POUND FIT’	Yr5 & Yr6	4.30pm	30minutes	Jen	
	‘POUND FIT’	Yr7 +	5.00pm	30minutes	Jen	
Fridays	‘BBX FIT’	Yr1 & Yr2	4.00pm	30minutes	Rebecca	
	‘BBX FIT’	Yr3, 4,5,6	4.30pm	30minutes	Rebecca	
	‘BBX FIT’	Yr7+	5.00pm	30minutes	Rebecca	

One course of classes over six weeks = £30. If you are booking your child onto more than one course, or booking siblings onto courses, then a 10% discount will apply to each subsequent course after the first one paid at full price.

Please note that any payment due will need to be received prior to the child beginning the programme of classes. Classes will have limited spaces, but minimum numbers will apply for classes to operate. In the unlikely event of this happening, you will receive a full refund.

Please delete as appropriate:

I enclose a cheque made payable to Lorraine Thompson to the address;
Saffron Walden Fitness, The Business and Technology Centre, Shire Hill, Saffron Walden, CB11 3AQ
or

I will make a Bank transfer to - Account Name: Miss L Thompson Account number: 71096664 Sort code: 40-40-45

For: ONE PROGRAMME OF CLASSES AT £30 and _____ FURTHER PROGRAMMES OF CLASSES AT £30 – 10% = £27 each;

Total amount to be paid: _____

Please reference any bank transfers with the name of the class that your child will be attending.

Please read the following before signing and returning this completed form.

At Saffron Walden Fitness (SWF), we believe that our kids' programmes help children to acquire and develop new and existing skills, and expose children to fitness activities that they may not otherwise encounter. To enable our kids' programmes to run as safely and enjoyably as possible for all concerned, the following guidelines have been introduced and the policy set out below.

Parents will:

- Enrol their child/children by signed slip, to a programme of classes;
- Ensure that any due payment is received by SWF prior to the commencement of the programme;
- Remain on site for the duration of the class, either within the building or in the car park;
- Ensure that their child/children are collected promptly at the end of the class and inform the instructor – signing them out when they leave;
- For older children (Year 7+), provide SWF with clear instructions about whether children can walk home alone or are to be collected;
- Inform SWF if their child is unable to attend the class.

Children will:

- Tell the instructor if they need to leave the studio for any reason;
- Promote good behaviour by behaving in the same way that would be expected of them during normal school hours, and setting an excellent example to others.

Saffron Walden Fitness will:

- Ensure that all instructors have undergone the necessary checks for suitability to be involved in a class for children – including Paediatric First Aid training and DBS-checks;
- Ensure that Public Liabilities Insurance is in place to cover the approved activities that are organised during the classes;

Instructors will:

- Take a register at the beginning of each session;
- Appropriately supervise children throughout the class;
- Follow SWF procedures for dealing with illness or injuries;
- In case of an emergency, such as the fire alarm, lead children and their parents into the car park where the class register will be taken.

Failure to attend a class for more than two weeks with no explanation will result in the child's place being withdrawn.

If the behaviour of a child at a class is deemed unacceptable and improvements in behaviour are not seen over time, the child may be asked not to attend future sessions and their place offered to children on the waiting list. If the behaviour of the child is deemed unsafe they will be removed from the session immediately.

CANCELLATION

Parents will be notified, with as much warning as possible, of any sessions that need to be cancelled. If a session needs to be cancelled on the day itself e.g. due to the unexpected illness of the instructor SWF will notify parents by phone.

Should a session be cancelled at the last-minute e.g. due to adverse weather conditions, the instructor will supervise the children until all have been collected/allowed to walk home, in agreement with arrangements made by parents.

I, (PRINT NAME) _____, parent/carer of (CHILD'S NAME) _____

_____ Confirm that I have read and agree to the above.

Signed: _____ Date: _____